COLD WATER PRAWNS
*Pandalus borealis*

**Warehouse Specifications:**

- **Master Case Dimensions:**
- **Gross Weight:**
- **Pallet Configuration:**

**Nutritional Value:**
Per 100gram serving size

- Calories (kcal) 85
- Total Fat 0.51g
- Saturated 0.101g
- Monounsaturated 0.086g
- Polynsaturated 0.152g
- Cholesterol 161mg
- Sodium 119mg
- Total Carb 0.0g
- Dietary Fiber 0.0g
- Sugars 0.0g
- Protein 20.10g
- Vitamin A -
- Vitamin C -
- Calcium 64mg
- Iron 0.52mg

**General Information:**
Northern shrimp have a short life, which contributes to a variable stock on a yearly basis. However, the species is not considered overfished due to a large biomass reported and the large resources available in Canada and the rich fishing grounds of the Arctic. The Canadian fishery began in the 1980s expanded in 1990s and is a viable and stable fishery today.

**Sensory Characteristics:**
A rich, firm white meat, subtle, yet classic shrimp flavor. Excellent for appetizer as a peel and eat or as an ingredient in main dishes.

**Cool:** wild caught, Canada

**Latin Name:**
*Pandalus borealis*

**Fishing Season:**
Caught using a mid water trawl net and then cooked and frozen at sea minutes after being caught. Fished year round depending on bio mass reports and yearly restrictions.

**Average size and Weight:**
In their 8 year lifespan, males can reach a length of 120 mm (4.7 in), while females can reach 165 mm (6.5 in) long and can be full of roe.

**Product Available / Frozen**
Product is sold cooked whole frozen and graded by the ct per kilogram.

**Ingredients:**
Cold Water Prawns

**Quality Control:** HACCP & CFIA approved

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Great Northern Products, Ltd.
PO Box 7622
Warwick, RI 02887 USA
Phone: +1.401.490.4590
Fax: +1.401.490.5595
Domestic@NorthernProducts.com
www.NorthernProducts.com