



**GREAT NORTHERN
PRODUCTS, LTD.**

CANADIAN MUSSELS

Mytilus edulis L.



Warehouse Specifications:

Master Case Dimensions:

Gross Weight: Various
Pallet Configuration:

Nutritional Value:

Per 100gram serving size

Calories (kcal)	86
Total Fat	2.24g
Saturated	0.425g
Monounsaturated	0.507g
Polyunsaturated	0.606g
Cholesterol	28mg
Sodium	286mg
Total Carb	3.69g
Dietary Fiber	0.0g
Sugars	0.0g
Protein	11.90g
Vitamin A	160iu
Vitamin C	8.0mg
Calcium	26mg
Iron	3.95mg

General Information:

A purple, blue or occasionally brown outer shell with an interior having a border of dark blue to violet surrounding a pearly white interior. The shell is smooth but typically has some growth lines.

Latin Name:

Mytilus edulis L.

Fishing Season:

Due to extensive cultivation, this species is generally available all year round, with various seasons opening throughout the year.

Average size and Weight:

The shape is roughly an elongate triangle, up to 4 in (10 cm) at its widest dimension. Up to 5" + in Length.

Product Available / Frozen

Whole Cooked Mussels

Sensory Characteristics:

A very firm, yet delicate earthy flavor, orange colored meat. One of the most under rated shellfish. Extremely versatile seafood, great in sauces and pastas.

COOL: farm raised, Canada

Ingredients:

Canadian Mussels

Quality Control: HACCP
CFIA approved



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