Various Sold H&G or Fletches

Warehouse Specifications: Sensory Characteristics:
Master Case Dimensions: General Information:
Various Gross Weight: Various
Pallet Configuration: Various

Nutritional Value: Sensory Characteristics:
Per 100gram serving size

Calories (kcal) 91 Firm white, moist tasty flesh considered a delicacy the world over.
Total Fat 1.33g COOL: wild caught, USA or Canada
Saturated .292g
Monounsaturated .471g
Polyunsaturated 0.29
Cholesterol 49mg
Sodium 68mg
Total Carb 0.0g
Dietary Fiber 0.0g
Sugars 0.0g
Protein 18.56g
Vitamin A 67 IU
Vitamin C 0.0mg
Calcium 7mg
Iron 0.16mg%

Latin Name:
Hippoglossus hippoglossus

Fishing Season:
Fishing season runs from May thru August as the main season, but Atlantic Halibut are landed throughout the year in some fishing zones.

Average size and Weight:
Halibut can live up to 50 years and an average size from 10 - 200 Lbs with some fish weighing in at over 500lbs.

Product Available / Frozen
Fresh halibut are available in the summer months fresh and frozen all year long.

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