

# **CAPELIN**

Mallotus villosus





**Sensory Characteristics:** 

Also known as caplin the

flavor resembles herring.

delicacy in many regions

around the world.

Capelin Roe is considered a

COOL: wild caught, Canada,

# **Warehouse Specifications:**

Master Case Dimensions:

Gross Weight: Pallet Configuration:

# **Nutritional Value:**

Per 100gram serving size

Calories (kcal)	97
Total Fat	2.42g
Saturated	0.452g
Monounsaturated	0.641g
Polyunsaturated	0.885g
Cholesterol	70mg
Sodium	60mg
Total Carb	0.0g
Dietary Fiber	0.0g
Sugars	0.0g
Protein	17.63g
Vitamin A	50iu
Vitamin C	0.0mg
Calcium	60mg
Iron	.90mg

### **General Information:**

Capelin are members of the Osmeridae family of smelts. They are known as sparling in England. Capelin are slender translucent olive colored, small-scaled fish that grow to a maximum length of 25 cm (10 in). Capelin was once the primary food of cod in the North Atlantic. When the cod population diminished the capelin population increased drastically.

#### Latin Name:

Mallotus villosus

## Fishing Season:

Seasons runs May thru July.

# Ingredients:

Capelin

Norway

**Quality Control: HACCP** 

& CFIA approved

# **Average size and Weight:**

Small-scaled fish that grow to a maximum length of 25 cm (10 in)

## Product Available / Frozen

Capelin are graded by sex as the females containing the roe are more valuable. Once graded by sex they are graded by ct per KG and packed in blocks. Capelin gets sold to export markets where it is dried, and is also used to feed marine mammals.



**Great Northern Products, Ltd.** 

PO Box 7622

Warwick, RI 02887 USA Phone: +1.401.490.4590 Fax: +1.401.490.5595

<u>Domestic@NorthernProducts.com</u> www.NorthernProducts.com