



**GREAT NORTHERN  
PRODUCTS, LTD.**

# CANADIAN WHELK

*Buccinum undatum*



## Warehouse Specifications:

Master Case Dimensions:

Gross Weight:

Pallet Configuration:

## Nutritional Value:

Per 100gram serving size

Calories (kcal)	137
Total Fat	0.40g
Saturated	0.031g
Monounsaturated	0.028g
Polyunsaturated	0.023g
Cholesterol	65mg
Sodium	206mg
Total Carb	7.76g
Dietary Fiber	0.0g
Sugars	0.0g
Protein	23.84g
Vitamin A	87iu
Vitamin C	4.0mg
Calcium	57mg
Iron	5.03mg

## General Information:

A marine snail native to the North Atlantic, characterized by thick, spirally, coiled shell and a large muscular foot. Shell is typically chalky grey to green-yellow in color, with irregular light and dark segments.

## Latin Name:

*Buccinum undatum*

## Fishing Season:

Whelk is harvested in coastal waters in maritime Quebec, Magdalen Island as and in Newfoundland. Fishing Season is from April to October and is done using baited pots.

## Average size and Weight:

Males and females average about 7 cm in height at sexual maturity. The average shell-on weight of frozen whelk varies from 45-100g.

## Product Available / Frozen

Frozen Cooked whole whelk in shell  
Frozen cooked & cleaned whelk meat  
both whole whelk and whelk meats are graded by their count per kilogram

## Sensory Characteristics:

Whelk meat is lean and low in calories but rich in protein and iron. Whelk has a distinctive savoury flavor and is considered a choice delicacy by many.

**COOL:** wild caught, Canada, Iceland

## Ingredients:

Whelk

**Quality Control:** HACCP & CFIA approved



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